Developing Cultural Competence in Nursing Practice

Developing an understanding of cultural competence requires paying attention to considerations of global health, cultural values, cultural phenomena affecting health, and the importance of cultural assessment as part of the nursing process. Cultural competence in nursing practice requires practical strategies (in general as well as specific to a particular cultural group), considerations of community-based health care promotion and disease prevention programs, and the need to advocate for cultural diversity in nursing practice, research, and education. At the same time, it is important to be aware that there are varying degrees of acculturation and individual differences—assess-