For Ineffective Coping

**Ineffective Coping r/t personal vulnerability secondary to mastectomy (as evidenced by verbalization of inability to cope, substance abuse, inability to meet role expectations)**

**Social Support, as evidenced by substantial reports of**
- Willingness to call on others for help
- Emotional assistance provided by others

**Coping, aeb, often demonstrating ability to**
- Identify effective and ineffective coping patterns.
- Verbalize sense of control.
- Report decrease in negative feelings.
- Modify lifestyle as needed.

**Partly met.**
- Ruby allows her husband to provide direct care and emotional support for her.
- A social worker was consulted; discharge delayed 24 hours.

**Outcome Not met.**
- Following surgery, was withdrawn. Did not assist with bathing, turned her head away with dressing removed.
- Refused to learn to manage wound drain or discuss feelings or plans for the future.

**Legend:**
- Assessment
- Nursing Diagnosis
- Outcomes
- Nursing Interventions/Activities
- Evaluation/Reassessment

**R.S.**
55 y.o. ♀
Medical Dx: Breast cancer

- Lump detected 1 week ago. Very anxious, tearful.
- Husband reports alcohol abuse and ineffective mothering since Dx.

- Height: 164 cm (5'5")
- Weight: 58 kg (158 lb)
- Temperature: 37°C (98.6°F)
- Pulse rate: 88 BPM
- Respiration: 16/minute
- Blood pressure: 142/88 mm Hg
- Chest x-ray negative, CBC, and urinalysis with normal limits

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**Chapter Review**

NCLEX review questions, case studies, care plan activities, MediaLink applications, and other interactive resources for this chapter can be found on the Companion Website at www.prenhall.com/kozier. Click on Chapter 40 to select the activities for this chapter.

For animations, video clips, more NCLEX review questions, and an audio glossary, access the Student CD-ROM accompanying this textbook.