



LC
 6'3" 200 lb.
 57 y.o. male ♂
 Strangulated inguinal hernia -->
 Partial bowel resection -->
 2nd post op day

- c/o abdominal pain (7/10)
- restless
- HR = 90 (baseline 70)
- BP = 158/82 (baseline - 140/80)
- Resp = 24 (baseline 18-10/min)
- legs drawn up to chest
- skin pale, moist
- pupils dilated

Acute pain r/t tissue injury 2^o surgical intervention

- Expression of satisfaction with pain control
 - T, C, DB with a minimum of discomfort by 2nd postop day
 - Uses analgesics appropriately
 - Uses non-analgesic relief measures
 - Reports symptoms to health care professional
 - Uses preventive measures
- Slight to no:
- Reported pain
 - Protective body positioning
 - Restlessness
 - Pupil dilation
 - Perspiration
 - Change in BP, HR, R from normal baseline date

Pain Assessment (with VS and PRN)

Administer Analgesics

Evaluate effectiveness

Provide quiet, nondisruptive environment

Teaching (after pain relieved)

Check willingness to use non-pharmacologic measures

Demonstrate & teach relaxation techniques

To request medication before activities

To request pain medication at onset of pain

- Outcome Partially Met
- States pain is 2/10
 - Requests analgesics at onset of pain
 - Requests analgesic 30 minutes before ambulation
 - Hesitant to C & DB even following analgesic administration
 - Willing to try relaxation techniques but has not done so to date
 - VS returned to baseline
 - Skin pink and dry
 - No protective body positioning