CHAPTER 41 REVIEW

CHAPTER HIGHLIGHTS

- To implement spiritual care, nurses need to be skilled in establishing a trusting nurse–client relationship.
- Clients have a right to receive care that respects their individual spiritual and religious values.
- Nurses must follow ethical guidelines for providing spiritual care, and not impose personal beliefs or practices on clients.
- Nurses need to be aware of their own spiritual beliefs in order to be comfortable assisting others.

- The spiritual needs of clients and support persons often come into focus at a time of illness. Spiritual beliefs can help people accept illness and plan for what lies ahead.
- Spiritual distress refers to a disturbance in or a challenge to a person’s belief or value system that provides strength, hope, and