**Nursing Process Focus:**
*Patients Receiving Fluticasone (Flonase)*

<table>
<thead>
<tr>
<th>Assessment Prior to administration</th>
<th>Potential Nursing Diagnoses</th>
</tr>
</thead>
</table>
| • Obtain complete health history including allergies, drug history and possible drug interactions.  
• Assess for presence or history of seasonal allergic rhinitis.  
• Obtain vital signs. | • Risk for Injury, related to adverse effects of drug  
• Deficient Knowledge, related to drug action and side effects |

### Planning: Patient Goals and Expected Outcomes

The patient will:
- Remain free from physical injury.
- Demonstrate understanding of drug therapy.
- Demonstrate ability to administer medication appropriately.

### Implementation

<table>
<thead>
<tr>
<th>Interventions and (Rationales)</th>
<th>Patient Education/Discharge Planning</th>
</tr>
</thead>
<tbody>
<tr>
<td>*Monitor respiratory function. (Drug worsens respiratory failure, asthma attacks.)</td>
<td>*Instruct patient to immediately report signs of respiratory distress to the health care provider.</td>
</tr>
<tr>
<td>*Monitor for concurrent use of systemic corticosteroids. (Can lead to suppression of adrenal function.)</td>
<td>*Instruct patient to completely disclose all other medications he/she is taking.</td>
</tr>
<tr>
<td>*Monitor for signs of infections. (Use with caution in patients with: tuberculosis, untreated fungal, bacterial or viral infections due to possible development of superinfection; ocular herpes simplex due to worsening of symptoms due to immune suppression.)</td>
<td>*Instruct patient to report signs of infection to the health care provider.</td>
</tr>
<tr>
<td>*Monitor for signs and symptoms of hypercorticism such as acne and hyperpigmentation (due to adrenal insufficiency.)</td>
<td>*Advise patient to inform health care provider if any weight gain, severe skin conditions occur, hyperactivity.</td>
</tr>
</tbody>
</table>
| *Provide humidification (to decrease crusting and drying of nasal passages.) | Instruct patient:  
• to report irritation of nasal passages to health care provider.  
• to wash cap and nosepiece with warm water after each use.  
• that transient burning of the nasal passages as well as sneezing are common side effects. |
| *Observe for proper use of medication. | Instruct patient:  
• in proper technique for use of nasal inhaler.  
• to shake inhaler prior to use.  
• medication will be most effective if nasal |
- passages are clear before use.
- to use only prescribed amount to avoid systemic side effects.
- that this medication does not provide immediate symptom relief.

**Evaluation of Outcome Criteria**
Evaluate the effectiveness of drug therapy by confirming the patient goals and expected outcomes have been met (see “Planning”).