Cystoscopy

Client Preparation
- Assess and clarify understanding of the procedure and its purpose.
- Verify signed consent for the procedure has been obtained.
- Teach or assist with bowel preparation as ordered.
- Withhold food and fluids for 8 hours before the procedure as ordered.
- Administer sedation and other medications as ordered.

Client and Family Teaching
- The procedure takes about 30 to 45 minutes and is performed in a special cystoscopy room. Local or general anesthesia is used.
- You may feel pressure or an urge to urinate as the scope is inserted.

- Do not attempt to stand up without assistance after the procedure because you may feel dizzy or faint.
- Burning on urination for a day or two after the procedure is considered normal.
- Contact your physician immediately if your urine remains bloody or you experience bright red bleeding, low urine output, abdominal or flank pain, chills or fever.
- Warm sitz baths, analgesics, and antispasmodic medications help relieve discomfort.
- Increase fluid intake to decrease pain and difficulty voiding and reduce the risk of infection.
- Laxatives may be prescribed after the procedure to prevent constipation and straining.